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Welcome to the Spokane Scottish Highland Games

Failte,

I am honored to be able to welcome you to the Spokane Highland Games – our 65th annual celebration. Every year a group of men and women come together to share their heritage and pride in being of Scottish descent with the world. It is the culmination of the work of many to make this an event where you and your family feel welcome.

As the chair of the Spokane Highland Games Association, it is important to me to recognize and thank our board members, clans, vendors, athletes, pipers, drummers, dancers, and volunteers who give so selflessly to keep this tradition alive. I also want to acknowledge the continued support of local businesses and families who allow us to bring you this highland experience each year.

Wendi Johnson
Chairperson
Spokane Highland Games Association

Benefits of Becoming a Highland Games Volunteer

Did you know it takes more than 150 volunteers to put on the Spokane Highland Games each year? And that's not counting the Spokane Highland Games Committee that meets monthly to plan this delightful, family-oriented event. For each of us, it is truly a labor of love.

So, we need you! In return for as little as a three-hour commitment as a volunteer, you receive free entrance to the Highland Games for the entire day!

Volunteer opportunities are available Friday, before the Games for set-up; Saturday, during Games Day; and Sunday, after the Games for the takedown. It takes many wonderful people to pull together the Spokane Highland Games. Why not join us?

Spokane Highland Games Association

(An affiliate of the St. Andrews Society of the Inland Northwest)

PO Box 141121, Spokane, WA 99214
www.SpokaneHighlandGames.net
spokanehighlandgames@yahoo.com
A 501(c)(3) Not-For-Profit Organization

Executive Board

Wendi Johnson	~ Chairperson
Cheryl McLean	~ Co-Chairperson
Clint Hill	~ Treasurer
Catherine Hill	~ Secretary

Committee Chairpersons

Sondra Willmann	~ Heavy Athletics
Victoria Hawkins	~ Highland Dance
John Blunt	~ Piping & Drumming
Carla Carnegie	~ Celtic Entertainment
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Cheryl McLean	~ Scottish Heritage Events
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Catherine Hill	~ Shortbread Contest
Jim Miller	~ British Car Display
Cheryl McLean / Wendi Johnson	~ Publicity & Marketing
Catherine Hill	~ Volunteer Coordinator
Wendi Johnson / Clint Hill / Cheryl McLean	~ Games Program, Poster & T-Shirts
Wendi Johnson / Cheryl McLean	~ Games Sponsorships
Peter Guthrie / Mark Loe	~ Logistics (setup and teardown)
Peter Guthrie	~ Signs
Alana Willmann	~ Medals & Trophies
Doug Malcolm	~ Potluck
Clint Hill	~ Webmaster

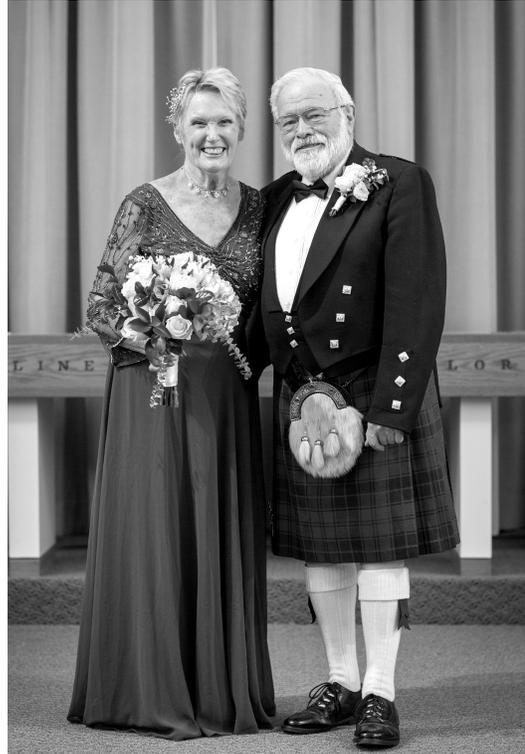
Master of Ceremonies Ian Robertson

Watson's College in Edinburgh and Nazarene Theological College in Glasgow. Ian served in the Royal Navy Reserves, then immigrated to the United States in 1958, retiring as pastor of Spokane Valley Nazarene Church in 2007 at 70. In January 2022, he married Linda Nottle, a former Salvation Army officer. They reside in Spokane Valley.

Ian has been active in community service. He received the "Community Caring" award and was named "Citizen of the Year" by the Greater Spokane Valley Chamber of Commerce. He co-founded The HUB Sports Center in Liberty Lake. Today, Ian is a corps sergeant major at The Salvation Army in Spokane – "rescue, renew, restore." He is also active in Citizens for a Safe Spokane Community.

You may contact Ian at pastorian@aol.com.

Ian quotes Isaiah 58:11,12 (The Message) in his desire to build better communities for all, "I'll give you a full life in the emptiest of places... You'll use the old rubble of past lives to build anew... You'll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again."



Special Thanks

Katelyn Scoble, our soloist for the Highland Games

Aaron Stratton, our piper for the lament

Scottish-American Military Society (SAMS), for our flag presentation

Chieftain of the Day

Doug Malcolm

Going back 40 years, all Doug knew was that his Great-grandfather William Malcolm came from Scotland in 1917 after WWI and settled in the South Dakota Black Hills. After receiving a book on Scottish Clans, Doug learned a little more about his heritage and promptly named his children Cameron Douglas and Lindsay Morgan (Malcolm).

He first connected with our local St Andrews Society by attending a Spokane Scottish Highland Games and quickly found himself and his wife Janet becoming involved in local Scottish activities.

Janet gave him his first clan tartan kilt and helped him accomplish his life-long goal of visiting Scotland.

Through the years, he has been involved in St Andrews Society and held executive committee roles of Treasurer and Vice President. He volunteers for most local activities related to Scottish heritage and culture.

The friendships and experiences he and Janet have had over these last 15-plus years have been uniquely special to him.



Scottish Highland Games Sponsors

The Spokane Scottish Highland Games is only possible with the help of our sponsors, volunteers, participants, and vendors. We want to extend our warm thanks to all.

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Athletic Competition

A Brief History

The field events at a Highland Games originated from the competitions held by the ancient kings and chiefs of Scotland to choose the best men for their retinues and armies. The implements, such as cabers and stones, were the most readily available. The Scots developed the contests to test the contestants' strength, stamina, accuracy, and agility. There may be separate competitions for men and women, with the men generally having heavier weights. In addition, there may be a different master's competition for those over 40 years old.

Caber Toss

The Caber Toss is the best-known event of the competitions and probably the most misunderstood. The aim is to "turn" the caber, which becomes increasingly difficult as the length and weight increase. There is no standard size or weight of a caber, but it should be of such a length and weight that at least half the competitors can turn it. Generally, cabers range from 13' to 17' and weigh 70 to 120 pounds. The caber is made of wood, part of a tree trunk.

The caber is upright on the ground, with the thicker end uppermost. The competitor lifts and balances it, then runs forward, ending by imparting enough upward thrust on the caber to get it to land on the thick end and have the other end pass through the vertical position and land, pointing away from where the contestant tossed it. In a perfect toss, the caber will land with the small end pointing directly at 12 o'clock away from the competitor in an imaginary straight line extending from the competitor through the initial landing point in line with the direction of the run. Cabers that pass through the vertical but land to the side will count as thrown but achieve a lower score than a perfect throw. Competitors are allowed three attempts, with the best of the three attempts counting.



Farmer's Walk

What wears a kilt, weighs 550 lbs., and profusely sweats while gasping for air? The answer – a Scottish athlete competing in the Farmer's Walk. The Farmer's Walk is not an idyllic walk through a green pasture! Welcome to the realm of the heaviest of the heavy events. This crowd-sponsored event combines strength and endurance, pushing the athletes who dare to accept the challenge to exhaustion. For most heavy-events athletes, picking up 300 lbs. of steel is no great task, but carrying 300 lbs. as far as their body allows is a unique test of their endurance. Especially since they have already spent much energy on the day's competition.

Look for the Farmers Walk near the end of the athletics competition. Stop by and cheer on your favorite athlete!

Hammer Throw

The hammerhead is spherical and made of metal. The shaft may be wood, rattan, bamboo, or plastic (sometimes PVC pipe is used to increase durability). Hammers thrown by the women are 10 pounds; those by the men are 16. The length of the hammer may be at most 50 inches. The competitor throws the hammer with the feet in a fixed position with no approach allowed. The competitor may move his or her feet may after the hammer is released.



Weight for Height

The athlete throws the weight over a horizontal bar above the competitor's head. The weight is thrown with one hand only. Weights are 28 pounds for women, 56 for men, and 42 for masters. The whole implement may not measure over 18", but generally, a shorter length is preferable to avoid hitting the ground when swung between the legs. The competition starts at the lowest height requested by the competitors, though a particular competitor may pass on the lower heights and start upon reaching a greater height. The weight must go over the bar without dislodging it. If two competitors fail at the same height, the one with fewer misses at the lower heights is the winner.



Putting the Stone

The standard weight for the stone is 8 pounds for the women and 17 pounds for the men. The athlete must put the stone with one hand only. A 7'6" run-up is allowed to the board or "trig." Touching beyond the trig is a foul. The athlete may make three attempts, and the best one counts. The athlete may use any throwing style if the rules are followed and the judges deem the manner safe.



Weight for Distance

The weight is made of metal and has a handle that may be attached directly to the weight or with a short chain length. The competitor only throws the weight with one hand, with a 9' run-up allowed. Touching beyond the trig constitutes a foul. Women throw 12- and 28-pound weights; the men throw 28- and 56-pound weights. Masters may throw 42 pounds instead of 56.

Piping and Drumming Events

The bagpipe is the instrument most associated with Scotland. Still, like many other things that now appear uniquely Scottish, it has been used in many other parts of the world for millennia. The most familiar type of bagpipe is the Great Highland Bagpipe, seen in use by Scottish pipe bands worldwide. It would be best to play it outdoors since it has considerable sound volume and carries long distances.



The Great Highland Bagpipe was used in war to encourage the troops, where its skirling could be heard over the sound of battle. This military background explains why pipe bands generally have a military look and air.

Pipe band music consists of marches and dance music. Dance music includes fast-tempo reels, jigs, hornpipes, and the slower Strathspey tempo.

Individual pipers can play the marches and dance music, but they can also play Piobaireachd. Piobaireachd, pronounced “P-brock,” means big music, and it is the classical music of the pipes. It starts with a theme, or ground, which is then embellished with variations on that theme, increasing in complexity. A complete Piobaireachd may take between ten and twenty minutes to play.



Today’s Adjudicator

Ken Briggs, Piping Judge, Spokane, WA

Participating Pipe Bands

Angus Scott Pipe Band, Spokane, WA

Border Highlanders Pipe Band, Moscow, ID

Spokane County Firefighters Pipes & Drums, Spokane, WA

Highland Dance Competition

Nothing captures the spirit of Scottish culture better than the sight of Highland dancing performed at a Highland gathering, such as our Spokane Scottish Highland Games.

According to tradition, the old kings and clan chiefs used the Highland Games to select their best men at arms, and the discipline required to perform the Highland dances allowed men to demonstrate their strength, stamina, and agility. Though Highland dance dates back to the 11th century, women started competing in Highland dance at the turn of the 20th century.

While most Highland dancers you see nowadays are female, the roots of the ceremonial dances lay with warriors imitating epic deeds from Scottish folklore.



Dances

Highland dances relate to ancient Scottish folk customs; the present form has evolved through the centuries, but the original basic steps and themes have been passed down through the years. The core group of dances consists of the Fling, Swords, Seann Truibhas, Strathspey, and Reel.

The **Highland Fling** danced with raised arms and finger grouping represent the antlers of a stag. The dance was originally a victory dance performed on the shield of a vanquished enemy.

The **Sword Dance**, or **Ghillie Callum** was associated with the Scottish King Malcolm Canmore, dancing in triumph after a victory in 1054 over his sword crossed with that of his enemy. Another tradition is that the combatants danced before a battle; if they touched the blade, it was a bad omen.

The **Seann Truibhas**, or **old trousers**, commemorates the banning of the kilt after the battle of Culloden and the joy shown in the quick-time movement at the end of the dance, celebrating the return of the freedom of the kilt.

The **Strathspey** is danced to the distinctively Scottish slow tempo. The Highland Reel and the Reel of Tulloch are danced to the faster reel tempo. The legend behind the reel of Tulloch is that it originated one winter's day when the congregation of Tulloch, Perthshire, was trying to keep warm while waiting for the minister to arrive.

National Dances are the **Lilt**, **Flora McDonald's Fancy**, and the **Highland Laddie**. Most were choreographed for women and were usually gentler, graceful. The dances also share common steps with ballet.

Thank you to the companies, organizations, and clans for their much-appreciated sponsorship of the Spokane Scottish Highland Games. We could not provide this family-friendly event each year without their wonderful support.



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Kim McC Campbell resides in Post Falls, Idaho, having graduated from the University of Montana College of Technology in 1977. In 1983 he attended the University of Montana for Computer Science and Business and discovered his passion for Insurance.

Kim and his wife Kimberlee have been married since 1986 and have five children: Billy, Amber-Rae, Chelsie, and twins Casey and Kayla.

With over 33 years of experience as a professional in the insurance field, Kim and his wife, also an Insurance Licensed Agent, founded McC Campbell Insurance, Inc. to service their client communities.



Kim looks forward to answering any questions you may have that will help you feel good about your retirement strategies and to help you achieve your long-term goals.



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Scottish American Military Society
Inland Empire Post 1955



We are a non-profit organization established to preserve and promote Scottish and American Armed Forces customs, traditions, and heritage.



Inland Empire Post 1955 covers the Inland Empire Region of the Pacific Northwest. Centered in the Greater Spokane, Washington Area, it encompasses Central, Eastern Washington and Northern Idaho. A broader definition includes Northeastern Oregon and Western Montana.

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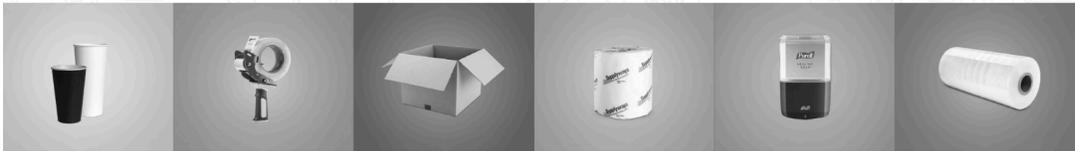
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Scottish Heritage Events

Scottish Style Tug O' War



The Tug of War, or rope pulling, is a sport that directly pits two opposing teams against each other in a test of strength. This activity may also be used as a metaphor to demonstrate a rivalry between two opposing groups, such as a little friendly competition between two companies or organizations. Tug of War has been an organized sport for many years and was included in the modern Olympics from 1900 to 1920. The Tug of War International Federation is working with the International Olympic Committee to bring the competitions back into the 21st Century. As an international sport, the competitions are highly regulated with proper dress, boots, rope, markings, pulling surfaces, and drug testing. Regardless, we are much more relaxed here in Spokane. Join us and pull for your team!

Ruth Schudel Memorial Shortbread Contest

Butter, flour, and sugar go into traditional Scottish shortbread. "And in its simplicity lies its deliciousness," writes Michael Ruhlman, noted American author and cook. When making shortbread, this is one of those times when a baker should make no substitution for butter to achieve the right combination of melt-in-your-mouth-ness and pleasing crispness. Nowadays, many people like to become creative with their shortbread. For them, we have the non-traditional category in which bakers may incorporate flavorings and other additions while maintaining a recognizable shortbread identity. If you didn't enter this year, view the judging and perhaps become inspired to enter the competition next year. Visit our website at www.spokanehighlandgames.net for the rules.



The contest is sponsored and judged by Ruth Schudel's Troup family. Ruth was active in the Scottish community and was our go-to person for shortbread until she sadly passed away a few years ago.

Robert Burns Poetry Slam

Get down and get your Robbie Burns on! Work with or without a net reciting your favorite Burns poetry before a live audience. Compete with other slammers for Burns Bragging Rights! Bruce Ridley conducts this year's Poetry Slam.



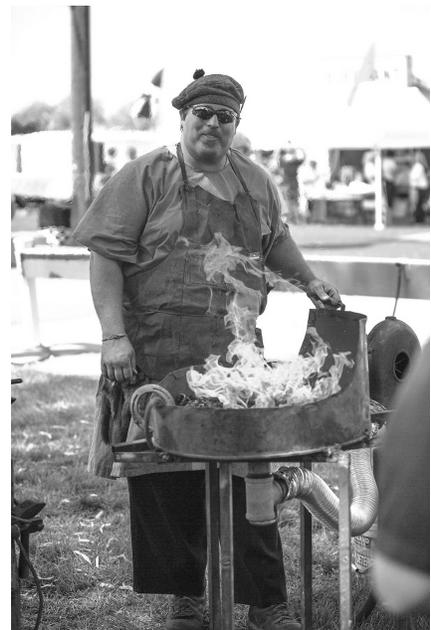
British Car Display

We want to thank the Northwest British Classics Car Club of Spokane & Coeur d'Alene for coordinating the display of various British cars. Please stop by to view these beauties and discover some of the history of motoring throughout the British Isles.



The Blacksmith

Levi Arbogast of Battle Mountain Forge has been a blacksmith for over two decades, specializing in Rustic housewares, from forks and knives to candlestick holders and custom chandeliers. He is always looking for unique, custom orders to challenge his skills. Levi also enjoys returning to the roots of blacksmithing – creating historical weapons of war, such as battle axes, swords, and armor for both man and beast. Blacksmithing runs in the Arbogast blood and has become Levi's calling since he inherited his grandfather's buffalo blower used in his forge on their ranch. You will find Levi making his national television debut this year, competing in Season 7 of the popular TV show "Forged in Fire." Levi is passionate about carrying on the blacksmithing tradition and has been teaching his two sons to blacksmith. He also shares this ancient art form with all of you at the Spokane Scottish Highland Games for the past two decades.



Find Your Tartan

Sponsored by the Spokane St. Andrews Society of the Inland Northwest, this is our fourth year hosting this tent, where we help you find your clan and your tartan too! What is a tartan, and why is a tartan so crucial to Scottish culture? Not only did it become the historical dress for both women and men, but it also helped to identify the clan or family group to which they belonged. A tartan is a cloth, usually made of wool, with a twill weave using a unique pattern of multicolored stripes in both directions and accepted by some groups as theirs.



It became such a symbol of Scotland that even those who migrated to other lands continued to wear it as a statement of their nationality and clan or group. And not only for the Scots but the Welsh and Irish too! Tartans are not just for clans anymore; with over 7,000 unique patterns on record, it represents universities, corporations, countries, states and districts, pipe bands, societies, individuals, and family groups. It is no wonder that a National Tartan Day Observance was created in the United States and Canada to honor those who contributed so much to our countries. Scottish Americans have contributed mightily to the arts, science, politics, law, and more fields, from the framers of the Declaration of Independence to the first man on the moon. So, please stop by our tent and find your tartan!

Then Join us on April 6th, 2024, and celebrate National Tartan Day!

Adrian Empire

The Adrian Empire, a 501c3 nonprofit educational organization, is dedicated to studying and re-creating Western European cultures between 793 and 1625. Members work to re-create the arts, skills, and culture of this range of the Medieval and Renaissance eras. Alhambra, the local chapter, usually meets monthly and holds combat, archery, and arts tournaments.



Dame Allesandra Shae Mackenzie, Arch Duchess of Alhambra,
Adrian Empire – <http://www.adrianempire.org>
Alhambra Facebook Group – <https://www.facebook.com/groups/Alhambra.Adria>

Clydesdale Horses

The Clydesdale is a breed of heavy draft horse developed in and deriving its name from the district in Scotland where it was founded. The farmers of Lanarkshire, through which the River Clyde flows, evolved its type. The old name for Lanarkshire is Clydesdale, where the breed was founded over 200 years ago.



It was bred to meet not only the agricultural needs of these farmers but the demands of commerce for the coal fields of Lanarkshire and all types of heavy haulage on the streets of Glasgow. The breed soon acquired more than a local reputation, and in time, the breed spread throughout the whole of Scotland and northern England.

the breed spread throughout the whole of

A Clydesdale foal can weigh 110 to 180 pounds.

A Clydesdale horse may grow as tall as 19 hands, about 6 feet 4 inches, and weigh 1,600 to 2,400 pounds. An adult Clydesdale can eat 25 to 50 pounds of hay each day. The Clydesdale geldings that pull the Budweiser wagons must be 18 hands tall and a bay color with four white legs and a white blaze. However, Clydesdales can also be black or sorrel, and many have splashes of white on their hips, sides, and upper legs. The long flowing hair running down their lower leg is called feather. Early on, breeders noticed horses with long silky feather had good joints and remained sound throughout a long working life. Twenty is considered a long life for a Clydesdale.

At its peak in the early twentieth century, Scotland had around 140,000 farm horses plus an unknown number in towns and cities, most of which were Clydesdales. Their number declined when the army conscripted many to serve in the First World War. After the Second World War, fewer and fewer horses were bred for farm work as the more modern tractor became popular. Numbers slowly dwindled until the breed was finally listed as rare during the 1960s. Since then, their numbers have increased in part due to the efforts of breed societies in Scotland, the United States, Canada, and Australia. Today, over 600 foals are registered each year in the United States.

At Morning View Farm, all the farm work is done with horses, and no tractors exist. The farm is in Clayton, WA, about 30 miles north of Spokane. Their busiest season is summer when you can see the Clydesdales mowing, raking, and baling hay most days of the week. The horses skid firewood, plow snow, and till the soil during other seasons.

Highland Cattle

Scottish Highland Cattle have been in the United States since the late 1880s. They require little shelter, are disease-resistant, and seem to thrive in conditions where other breeds might perish.



Highland cows and bulls are even-tempered and will warn you when you are overstepping your welcome. The cow is a devoted and attentive mother. She is also protective of her calf; watch for the dip of her head when she feels you are too close – it is a warning to back off. The bull is the ruler of his herd.

We have watched our bulls step in to break up fights between others in the herd. The bull is also gentle with the calves, letting them eat alongside him, walk with him, and hang around.

The Highland breed has a double hair coat – a long, coarse outer layer and a soft, woolly underlayer. This coat reduces the need for expensive barns and shelters. Because of the double coat, Highland Cattle do not need a layer of back fat for insulation. In early spring, they shed and enjoy a good combing to help the process. Highland Cattle manage well in warmer climates and produce less hair. The Highland breed produces a lean cut of meat from forage that other beef breeds do not willingly consume.

Highlands come in all colors and a mixture of colors. The traditional, accepted colors are white, silver-gray, black, yellow, red, and brindle (a mix of black and red). Cows will average 900 – 1200 pounds when mature, and bulls between 1500 – 1800 pounds. The cow's horns usually curve upward, while the bull's curve forward.

Sheepherding

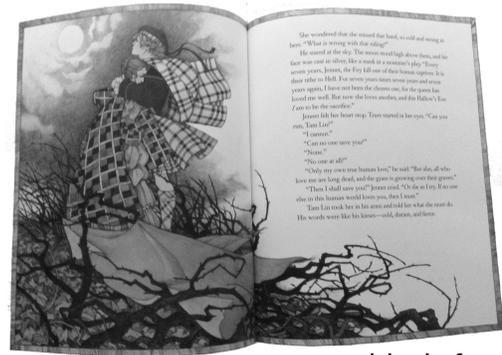
Dave Imus, our shepherd for this year's Highland Games, began working with an Australian Cattle Dog but now works with Border Collies. Dave has worked with stock dogs since 2000. He and his dogs compete all over North America. In 2017, Dave was a member of the team representing the United States at the World Sheepdog Trials at Hoogwoud in The Netherlands.



Dave and his wife own a farm in Cheney, WA, where they train their dogs on their flock of 140 sheep. They host trials, clinics, and private lessons at their farm.

Spokane Storytelling League

The tellers of stories have always been present in communities throughout the world. They tell the stories that remind us of who we are and where we came from; they define our beliefs and help us raise our families. Spokane's Storytellers have been in our community for over 80 years, sharing stories at schools and libraries, parks and retirement centers, and fairs and festivals such as the Scottish Highland Games and Fall Folk Festival.



Our goal is to provide historical inspiration and moral living just as the bards and storytellers did for those who sat at their feet in the days of yore. Our heartfelt desire is to bring the tales of our past heroes to life so that future generations may know of their bravery, gain wisdom from their adventures, and laugh with them as it was at their firesides when they shared their exploits with friends and families.

We hope you will join us as we tell traditional Scottish stories. Listen and laugh as we share a few tales about the 'wee folk' and their clever often-humorous tricks. Because of a story you heard today, Scotland will live forever in your hearts and imaginations.

We welcome tellers of all ages to our group. Suppose you are interested in meeting with us, learning more about storytelling, or just listening to stories once a month. You can contact us at Spokane Storytelling League, jenuine7022@aol.com, or Jennilyn Weight (509) 467-5703.

The Gilded Thistle

The Gilded Thistle is a volunteer traveling community theater group specializing in performing as the court of Mary Queen of Scotland, Ireland, and France! We perform at various highland games throughout Washington and Oregon and renaissance faires, including Two Rivers Medieval Faire, Whidbey Renaissance Faire, and Portland Celtic Fantasy Faire!



Scottish Clans

In Gaelic, “clan” means offspring, descendants, family, or tribe. The clan represented government and was present in early civilizations throughout most of the world. As society became more sophisticated, the clan organization was replaced.

Scotland was one of the last bastions of clan government in the world. There, in the breathtaking isolation of the Highlands, the clan form of government took root and has survived even until now.

Though Scotland has been incorporated into Great Britain, some clans still flourish because of the system that developed there. The Scottish clans were kin who took a common name and banded together under the leadership of a Chieftain who provided military power and economic safety. Combining the Chief’s ancestor with Mac, meaning son, usually formed the clan name. For example, in the MacDonald clan, every member was considered a son of Donald and gave their allegiance to Clan Donald.

Each clan has its tartan, worn in a kilt or a scarf. Scots are fiercely loyal to the family group and are quick to avenge any wrongs done to their fellows and defend the area they consider home territory.

We can summarize the reason for the strength of the Scottish clans in a quote from a contemporary clansman who said, “I owe allegiance to the land of my birth, but I am first, last, and always a MacDonald.”

Clans in Attendance Today

Clan Buchanan Society International
Clan Cameron PNW
Clan Donald
Clan Farquharson
Clan Henderson
Clan Logan Society International
Clan MacLea (Livingstone)
Clan MacLean
Scottish-American Military Society
St. Andrews Society of the Inland Northwest

Celtic Entertainment

The Spokane Scottish Country Dancers

Scottish country dancing is the social dance of Scotland and has been around for centuries. The Spokane Scottish Country Dancers will perform a few of their favorites out of the thousands of dances, then offer the audience members an opportunity to try out this enjoyable dance form for themselves.

The Spokane Scottish Country Dancers enjoy keeping alive the tradition of Scottish country dancing in Spokane. They meet each Thursday at 6:30 pm in the Holy Trinity Greek Orthodox Church hall, 1703 N Washington St. Anyone interested is welcome to join us for social dancing and instruction. Please find us at www.inlandnwscots.org/scottish-country-dancers.html.

Muckle Roe

Muckle Roe is named for one of the 16 inhabited islands of over 100 Shetland Islands. The Shetland Islands in far Northern Scotland have a colorful history heavily influenced by Scandinavia (particularly Norway) and mainland Scotland. The band comprises eight members playing fiddles, guitar, cello, accordion, and piano. Two members, Carla Carnegie, and Arvid Lundin, are cousins whose grandparents emigrated from Sweden. Between their two families, Scandinavian and Celtic music have been the mainstays of their musical diet. It is Muckle Roe's pleasure to bring music to the Scottish Highland Games! Aye!



Deep Roots

Deep Roots is a local band from Coeur d'Alene, Idaho. The band consists of the amazing Arvid Lundin on fiddle, Cheri Bronstein on bass, Dave Beach on guitar, and Char Beach on Bodhran & vocals. Arvid writes many of his tunes, and the band has been a fixture of the local contra dance scene for many years. You will want to catch a few of their lilting Celtic selections.



Crooked Kilt

This local band plays lovely ballads, hot jigs & reels from the British Isles, originals and old-timey, and more. Sarah Carter, with a voice of an angel, will touch the heart deeply as she sings and plays the Celtic Harp. Sarah also plays a mean Bodhran! Tom Carnegie, musician extraordinaire, will thrill you with his guitar styling, highland pipes, and vocal prowess. Carla Carnegie (Tom's sister-in-law) plays fiddle, piano, accordion, voice, and more. You will tap your toes or be moved to dance as they blend! Carla and Tom have been a part of Crooked Kilt for over 20 yrs., as other fine musicians have moved in and out of the group. The band has performed all over the Pacific Northwest at Festivals, and you can often see them playing for contra dances in the region. Three CDs are available: Crown & Hamster, Complex Presence, and the recently released CKIII (Crooked Kilt 3). While Crooked Kilt most often plays as a trio, this year's ensemble includes auxiliary members Kevin Jones on Bass and McKenzie Lamb on percussion and voice. These fine musicians will not disappoint!



For booking info: Email: Carla.Carnegie@gmail.com
FB page: [facebook.com/crooked kilt](https://www.facebook.com/crookedkilt)
Website: www.crookedkilt.net

Free Whiskey

The Ultimate Irish Rock Band

Free Whiskey is a Celtic folk-rock band known for inciting random acts of dancing, revelry, and spontaneous sing-alongs. Free Whiskey brings in all things awesome with a cool mix of old and new, playing punchy pub fare, traditional Irish melodies, and rowdy rock anthems to fit any crowd.

This 4-member band consists of drums, fiddle, bass, whistle, Bodhran, and lush vocals. Free Whiskey is guaranteed to produce a good time wherever they are since they're made from the best stuff on Earth!



Hunter Koss

Hunter Koss is a teenage solo harpist who performs Celtic and traditional folk music.

For centuries, audiences have enjoyed the magic and song of the harp. This beautiful instrument can trace its origins through time and culture. Ireland, Scotland, the Far East, the Middle East, ancient Egypt, and ancient Mesopotamia are just a few.

Within this context of a harp's rich tradition and enduring appreciation, Hunter Koss brings the musical strings of a Celtic lever harp to life. She favors Celtic, folk, and traditional tunes. Deep connections with family, friends, life experiences, and the natural beauty of the Inland Northwest she calls home inspire Hunter's original compositions and musical ideas.



Hunter aspires to be a professional harpist, and she dreams of being a popular stage performer. Along the path of making her dreams a reality, Hunter has been honored to perform at many locations in the region; this includes hospitals, professional offices, conferences, schools, the VA Home, Union Gospel Mission, Sandpoint's Panida Theatre, Scottish Highland Games, Spokane Interstate Fair, private gatherings, and other special events. It is always a guess to say who enjoys her performances more: Hunter or her captivated listeners.

Got Haggis?

The band's five members first performed in the North Idaho College 2023 Spring Celebrations Concert. Lorna Woelfel, a member of Muckle Roe and the San Francisco Celtic bands, introduced Celtic music to the Chamber Orchestra class. The class included Laila Galaz, Ailee Levasseur, and other local Celtic musicians. Carla Carnegie, and Catherine Short, joined the class members to perform a Caledonian March set.

Catherine, Carla, and Lorna have all participated in San Francisco Scottish Fiddlers annual spring concerts and their **Got Haggis?** selections come from those 2022 and 2023 concerts.

St. Andrews Society of the Inland Northwest

Preserving Scottish Culture in the Inland Northwest Since 1955



Our Purpose

- To encourage the study and promotion of Scottish history, literature, music, dance, customs, sports, and culture;
- To organize and promote an observance of Robert Burns' birthday each year;
- To encourage and participate in observing other cultural events for public education and entertainment.

Membership

The St. Andrews Society and its Affiliates are non-sectarian groups open to all, without bias to race, color, or gender, to anyone of Scottish descent or any other person who has a strong interest in Scottish culture.

Interested in Joining the St. Andrews Society?

Stop by the St. Andrews Society's booth and find out more.

You can also visit our website at www.InlandNWScots.org.

Gaelic Blessing

May the road rise to meet you.
May the wind be always at your back.
May the sun shine warm on your face.
And until we meet again,
May God hold you in the palm of His hand.

Farewell!

Join us next year on
August 3, 2024, for the
67th Annual Spokane Scottish Highland Games